

KENTUCKY-
OHIO-WEST
VIRGINIA
DISTRICT
OF
PILOT
INTERNATIONAL

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Governor's Bulletin



Year 2019-2020

February 2019

Governor's Message

This month we celebrate Random Acts of Kindness Day (February 17th) and Random Acts of Kindness Week (February 16th - 23rd). A Random Act of Kindness is a selfless act performed by kind people to either help or cheer up a random stranger, for no other reason than to make people happier. Kindness is the act of showing concern for others, loved ones, and strangers, without any expectations of any consideration in return.

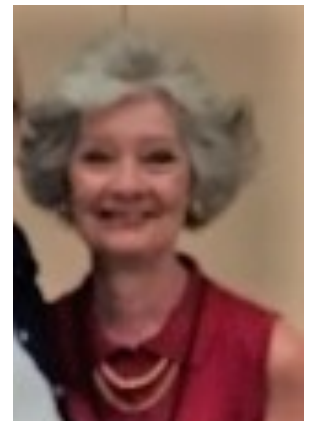
We, as Pilots, perform Random Acts of Kindness every day. As introduced by PI in 2013, many of our Clubs do Pick-Me-Ups for Caregivers in our Communities. PI also created International Care & Kindness Week that brings awareness to how simple acts can change a life by showing someone you care.

Here are a few things you can do:

- Listen with your heart
- Visit a sick friend
- Offer a hug
- Give an unexpected gift
- Open a door
- Cheer up a friend
- Lend a hand
- Respect others
- Put your phone away and listen
- Smile at someone you don't know

The list is endless. Keep up the good work Pilots!!

Gale



Better Together

*Alone we can do so little, Together we can do so much
Helen Keller*

February Featured Club

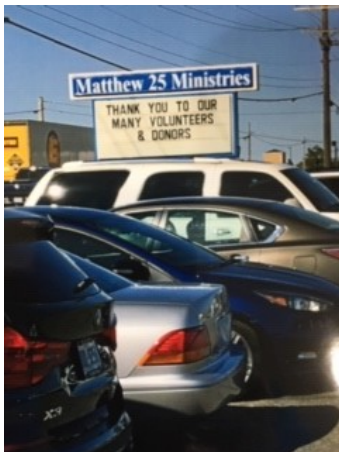
—The Pilot Club of Greater Toledo—

The Pilot Club of Greater Toledo was organized by the Cleveland club in the fall of 1972. The charter was presented January 1973 - Bev Khan and Barb Moellman are the two remaining charter members of the 29 charter members - it was one of the largest charter memberships at the time.

Many projects over the years included sending hospital/medical equipment to an African hospital, volunteering for Kidney Foundation, AASK, American Heart Association and Alzheimer's walk before other groups found them attractive too.

Current projects: delivering socks for Hannah's Socks. They go to homeless shelters, schools, clothes closets and other community outreach services

- : Collect, clean and deliver empty prescription bottles to M25Ministries - *thanks to our sister clubs for their support*
- : Help for the autistic community with GOAL- presented BrainMinders, their local walk for Autism and Christmas party. Plan to expand this project.
- : Helping Hands of St Louis is a monthly project to assemble hygiene kits and snack bags, man the clothing outlet, donations of school supplies, hats, gloves, mittens, non perishable items and Christmas gifts for their clients. Hygiene kits average 50 per month
- : After the zoo aquarium fire, we supplied the first salt water tank, and for at least 30 years have supported a ZOO PAL. Llama first, snow leopard and current animal is the red panda. This affords us annual dinners and programs at the ZOO.
- : BrainMinders presented to children and seniors..



**Barb Moellman and
Mary Repass deliver Pill
Bottles to M25M**





**Barb Moellman,
Mary Repass
and Kathy Lee
pack hygiene
kits**



Fundraising is primarily selling hanging-baskets in April and mums in the fall.

Programs are great - we tour sites, have an annual picnic. Some recent programs were about raising Monarch Butterflies, learning and sampling edible plants followed by learning but not sampling those that are harmful and possibly poisonous. We also learned speed reading, some craft projects and had High Tea at a Bed and Breakfast. We served refreshments at a therapeutic riding school rodeo.

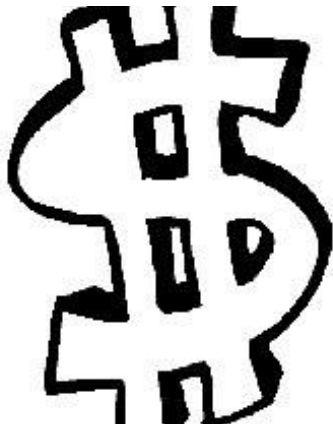
Toledo Pilots Travel. We have had attendance at every district workshop, convention and international meeting since 1973 - usually 2 - 6 attend! We have hosted 4 conventions and workshops.

SO it's your turn to come see us this April for KOW District Convention!

**Terry Utterback, Dianne Brassit, Nancy Moellman,
Kathy Lee and Sue Padley at Autism Walk.**

Kathy Lee working Autism Puzzle.





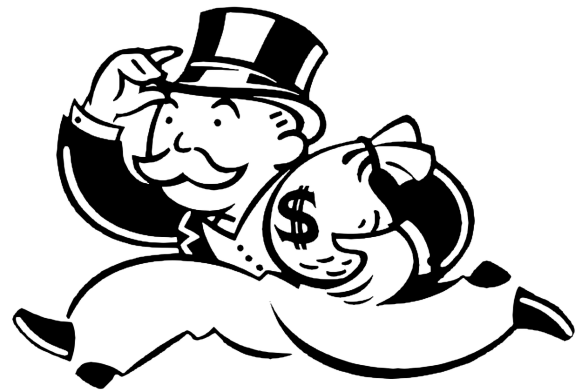
CONVENTION WILL BE HERE BEFORE YOU KNOW IT!

BE SURE TO
Share the Wealth
KY-OH-WV DISTRICT FUNDRAISER

HERE'S WHAT YOU NEED TO KNOW

- Each Pilot is asked to sell 3 tickets. Tickets are \$5 each, and can be sold to anyone, even yourself!
- Get your tickets from your president. If your club was not represented at the PI Convention, you will receive your tickets at the Fall Workshop.
- About 20 tickets are available for Pilots who need more
- DO NOT send money or tickets to District Treasurer, Secretary, Governor-Elect, or Governor.
- Send tickets and money only to: **Aynn Titchenal, 889 Oxley Road, Columbus, OH 43212-3710**
- Alternatively, you may bring tickets and money to the 2020 Convention.
- **DO NOT SEND cash.** If you're paid in cash, either write a check for the amount or hold tickets and money until Fall Workshop, or District Convention

Have questions?
Contact Aynn Titchenal:
akilburger@gmail.com
Or
614-599-0338



REMEMBER: This could be you — running to the bank !

Happy Selling!

ECR Message



February is the month for emphasizing the importance of love in our lives. Join me in thinking about how much love has been added to your life because of Pilot. I know Pilot has given each of us friends that we would not have otherwise had the opportunity to know. More importantly, how much love have you shared with others through Pilot projects?

One of the best ways to share love with others is through Pilot's signature BrainMinders program. Originally developed in 2001 to teach young children how to protect their brains, BrainMinders has been expanded to include programs for older youth and senior adults. Scripts on topics including personal fitness, bus safety, seat belt use, gun safety, brain exercises, bullying, and more are available on the Pilot website <www.pilotinternational.org>

A perfect time to promote BrainMinders is during Brain Awareness Week (BAW). BAW is a global campaign to foster public enthusiasm and support for brain science. Pilot has supported and encouraged Brain Awareness Week for a number of years. Every March, partners host imaginative activities in their communities. In 2020, Brain Awareness Week is March 16-22. A Brain Awareness Week Proclamation may be found on the Pilot website. It's not too late to plan an event or activity to support brain safety and health during Brain Awareness Week!

Pilot has a new project to love! In 2019, Pilot International announced its new signature safety helmet project to place safety helmets on the heads of as many youth as possible.

Clubs and Districts have an opportunity to help expand our efforts in brain safety and awareness by sponsoring a local Design Your Own Dream Helmet coloring contest. Local winners will be picked at random by Pilot International to be featured each May during bicycle safety month. Instructions, contest rules, and entry form are on the Pilot website.

If you have an Anchor or Compass Club in your area, involve them in your club projects. They have great ideas and their enthusiasm is contagious! If you don't have an Anchor or Compass Club, is your club or a member considering sponsoring one? Start the conversation among your club members.

Pilot, Anchor, and Compass members working together can Do More, Care More, Be More, and achieve more!

Happy love month and share your Pilot love!

Collette

KENTUCKY-OHIO-
WEST VIRGINIA
DISTRICT
OF
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INTERNATIONAL

District
Convention
April 24-26, 2020
Hosted by
Toledo Club

Pilot
International
Convention
June 24-27, 2020
Atlantic City, NJ



Calendar Reminders

Nominate District officers
Nominate Pilot International officers
Elect Club officers at least one month prior to District Convention
March is BrainMinders Month
Pick Me Up Grant Applications due March 15
Promote Pilot District Conventions
Register for PI Convention, June 24-27, Atlantic City, NJ

Club Highlight Schedule

March	Cambridge
April	Dayton
May	(None Scheduled)
June	Akron

Pilot
INTERNATIONAL

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